

# EVENT SUMMARY REPORT

## PG Refresher Course

### 1. Program Details

**Title of the Program:**

PG Refresher Course under the President's Action Plan of IAPSM

**Nature of the Program:**

Academic Refresher Course / Capacity Building Program for Postgraduate Students

**Organizing Department/Institution:**

Department of Community Medicine, Sapthagiri Institute of Medical Sciences & Research Centre (SIMS&RC)

**In Association With:**

- IAPSM – National
- IAPSM – Karnataka State Chapter

**Program Coordinators:**

- Dr. Amrita, Professor & HOD, Department of Community Medicine, SIMS&RC
- Faculty members, Department of Community Medicine, SIMS&RC

**Collaborating Departments/Institutions:**

Various Medical Colleges and Institutions across Karnataka through invited faculty participation.

**Date(s):**

25th March 2026 to 28th March 2026

**Time:**

9:00 AM to 5:00 PM

**Venue:**

Medical Education Unit (MEU) Hall, 6th Floor, SIMS&RC

### 2. Participant Profile

**Target Audience:**

- Postgraduate Residents in Community Medicine

**Total Number of Participants:**

Approximately 48 participants attended the refresher course over four days.

### 3. Academic Accreditation

**Credit Points/Hours Awarded:**

Karnataka Medical Council accreditation was obtained for the refresher course. A total of 3 KMC credit points were awarded for participation in the two-day accredited sessions of the program.

**Certifying Body:** Karnataka Medical Council

## **4. Rationale and Objectives**

### **Background/Need Assessment:**

The refresher course was organized under the President's Action Plan of IAPSM with the aim of strengthening the academic, research, and presentation skills of postgraduate students in Community Medicine. The program addressed the need for competency-based learning in research methodology, epidemiology, biostatistics, scientific writing, publication ethics, and the use of digital tools in research. The course also aimed to bridge gaps in the practical application of research methods and thesis preparation.

### **Learning Objectives:**

At the end of the program, participants were expected to:

1. Understand core concepts and recent advances in Community Medicine research.
2. Develop competencies in research methodology, epidemiological exercises, and statistical analysis.
3. Enhance scientific writing, publication, and presentation skills.
4. Gain practical exposure to research software and digital tools used in data analysis and reference management.

## **5. Program Structure and Academic Content**

### **Overview of Sessions Conducted:**

The four-day refresher course included interactive lectures, demonstrations, hands-on training sessions, and discussions conducted by experienced faculty members from reputed institutions across Karnataka.

#### **Day 1 Highlights:**

- Inauguration and orientation to the refresher course.
- Sessions on introduction to Community Medicine, journal club appraisal, effective PPT preparation, and academic presentations.
- Training on questionnaire design, validation, epidemiological exercises, sample size calculation, and Jamovi software.

#### **Day 2 Highlights:**

- Sessions on framing research titles, aims and objectives, literature review, study designs, and sampling methods.
- Hands-on training on reference management software including Zotero and Mendeley
- Discussions on protocol writing, ethics committee submission, and ethical use of AI tools in research.

#### **Day 3 Highlights:**

- Theory and viva preparation strategies.
- Scientific paper writing with emphasis on IMRaD format and discussion drafting.
- Publication ethics, communication and leadership skills, data management, and SPSS software introduction.
- Practical hands-on exercises in data analysis.

**Day 4 Highlights:**

- Sessions on grant writing, systematic reviews, meta-analysis, qualitative data analysis, and journal submission strategies.
- Hands-on exposure to Rayyan, RevMan, MAXQDA, and Atlas Ti software.
- Guidance on converting research proposals into thesis work.

**Teaching–Learning Methods Used:**

- Interactive lectures
- Case-based discussions
- Hands-on software demonstrations
- Practical exercises
- Small group learning
- Question-and-answer sessions
- Skill-based demonstrations

**6. Participant Engagement**

- Participants actively engaged in discussions, practical exercises, and software-based learning sessions.
- Pre-tests and post-tests were conducted to assess knowledge improvement.
- Hands-on sessions enabled participants to practice statistical and research software applications.
- Interactive discussions during publication ethics, thesis writing, and journal selection sessions encouraged active participation.
- Group interactions and question-answer sessions enhanced peer learning and clarification of concepts.

**7. Feedback and Evaluation****Mode of Feedback Collection:**

Participant feedback was collected using structured Google Forms at the end of the refresher course. Informal verbal feedback and interactive discussions during sessions also contributed to the overall evaluation of the program.

**Summary of Feedback:****Overall Satisfaction Level:**

The refresher course received an overwhelmingly positive response from participants. Most attendees reported that the sessions were highly informative, relevant, well-organized, and academically enriching. Participants appreciated the systematic scheduling and smooth coordination throughout the four-day program.

**Relevance and Quality of Academic Content:**

Participants highlighted that the topics covered were directly aligned with the practical needs of postgraduate training in Community Medicine, especially in areas related to thesis work, research methodology, publication processes, and academic presentations. The blend of theoretical concepts with practical demonstrations significantly improved understanding and applicability.

### **Quality and Expertise of Resource Persons:**

The invited resource persons were highly appreciated for their subject expertise, teaching methodology, and interactive approach. Participants particularly valued the opportunity to learn from experienced academicians, professors, statisticians, and researchers from reputed institutions across Karnataka.

Sessions on grant writing, publication ethics, scientific paper writing, systematic reviews, qualitative research, and AI tools in research were specifically praised due to the extensive field experience and practical insights shared by the speakers. The faculty members effectively incorporated real-life research experiences, examples from funded projects, publication challenges, and ethical dilemmas encountered in academic practice, which enriched participant learning.

### **Hands-on Learning Experience:**

Hands-on sessions involving Jamovi, SPSS, Zotero, Rayyan, RevMan, MAXQDA, and Atlas Ti were considered one of the strongest components of the course. Participants appreciated the practical orientation and requested additional time for advanced software-based training in future programs.

### **Suggestions for Improvement:**

Participants suggested:

- Increasing the duration of practical and hands-on sessions
- Conducting advanced-level workshops in biostatistics and data analysis
- Including more mock thesis protocol reviews and publication exercises
- Organizing periodic refresher modules for continued skill development

### **Recommendations for Future Programs:**

Participants strongly recommended continuation of similar refresher courses under IAPSM initiatives. Many expressed interest in advanced modules focusing on:

- Advanced statistical analysis
- Systematic reviews and meta-analysis
- Grant proposal development
- Scientific manuscript writing
- Qualitative research methods
- AI-assisted research tools and ethical implementation

## **8. Outcomes and Follow-up Actions**

The PG Refresher Course successfully strengthened the academic and research competencies of postgraduate students and early-career faculty members in Community Medicine.

### **Key Outcomes:**

- Participants demonstrated improved understanding of research methodology, epidemiological concepts, sampling techniques, protocol preparation, and scientific writing.
- Enhanced awareness regarding publication ethics, plagiarism prevention, responsible authorship, and ethical use of artificial intelligence in research was achieved.
- Participants acquired practical exposure to statistical and qualitative research software including Jamovi, SPSS, Zotero, Rayyan, RevMan, MAXQDA, and Atlas Ti.

- Increased confidence was observed among participants in preparing research protocols, presenting academic work, conducting literature reviews, and selecting appropriate journals for publication.
- The sessions on viva preparation, communication skills, leadership, and academic presentations contributed to overall professional development of the postgraduate trainees.

#### **Follow-up Actions Initiated:**

- Certificates were issued to all eligible participants upon successful completion of the program.
- Soft copies of presentations, study materials, and reference resources were circulated to participants for future academic use.
- Participants were encouraged to apply the acquired skills in their ongoing thesis work, dissertation preparation, and future research activities.
- Plans were proposed to organize advanced workshops focusing on biostatistics, scientific manuscript preparation, systematic reviews, and qualitative data analysis.
- The organizing department also proposed development of periodic mentorship-based academic support sessions for postgraduate students under the IAPSM academic initiative.

### **9. Sponsorship and Support**

#### **Program Sponsors:**

Conducted under the President's Action Plan of IAPSM with support from:

- IAPSM – National
- IAPSM – Karnataka State Chapter

#### **Institutional Support Provided:**

Sapthagiri Institute of Medical Sciences & Research Centre provided:

- Venue arrangements
- Technical support
- Audio-visual facilities
- Registration and coordination support
- Transport arrangements

### **10. Documentation and Annexures**

#### **Attached Documents:**

- Program Schedule
- Flyer/Brochure
- Attendance Sheet
- Photographs
- Sample Certificates

## **11. Feedback to PG Refresher Course Core Team Support and Contents Prepared**

The PG Refresher Course conducted under the President's Action Plan of IAPSM was highly impactful, well-structured, and academically relevant. The content was thoughtfully curated to address the practical academic and research needs of postgraduate students in Community Medicine.

The support provided by the PG Refresher Course Core Team, IAPSM National, and IAPSM Karnataka State Chapter was commendable in terms of academic planning, coordination, faculty support, and overall execution of the program. The inclusion of expert faculty members from reputed institutions ensured high-quality teaching and meaningful academic interactions.

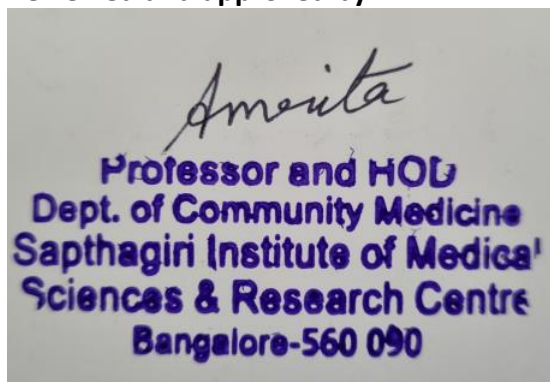
The course effectively combined theoretical learning with practical application through interactive lectures, discussions, and hands-on software training sessions. Sessions on publication ethics, grant writing, research protocol preparation, systematic reviews, qualitative research, and ethical use of AI tools were particularly beneficial and reflected the evolving demands of modern medical research.

The initiative significantly contributed towards strengthening research capacity, improving scientific writing skills, and enhancing confidence among postgraduate students. The participants and organizing team strongly recommend continuation of such refresher courses on a regular basis, including advanced modules and mentorship-oriented academic activities in the future.

## **12. Report Prepared By:**

Dr. Anusha Soppimath  
Senior Resident  
Department of Community Medicine  
Sapthagiri Institute of Medical Sciences & Research Centre

## **Reviewed and approved by:**



Dr. Amrita N Shamanewadi  
Professor & Head of the Department  
Department of Community Medicine  
Sapthagiri Institute of Medical Sciences & Research Centre

## **Date of Submission:**

28.05.2026

**PG Refresher Course under the President's action plan of IAPSM**

**In Association with IAPSM – National and IAPSM – Karnataka State Chapter**

**Date -25th to 28th March, 2026**

**Venue – M.E.U Hall, 6<sup>th</sup> floor, SIMS&RC**

**DAY 1 – 25.03.26**

| TIME           | TOPIC                                                               | RESOURCE PERSON                                                                                                                                                                                                                                                                                                                |
|----------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-9:15 am   | <b>Registration</b>                                                 |                                                                                                                                                                                                                                                                                                                                |
| 9:15-9:45 am   | Inauguration                                                        | <b>Dr. Sunil Kumar D R</b><br>IAPSM President – Karnataka State Chapter<br>Professor & HOD,<br>Dept. of Community Medicine,<br>Akash Institute of Medical Sciences<br><br><b>Dr. Umesh Ramadurg</b><br>Secretary, IAPSM-Karnataka State Chapter,<br>Professor, Dept. of Community Medicine,<br>S. Nijalingappa Medical College |
| 9:45-10:15 am  | Introduction to Community Medicine (concepts, scope, and relevance) | <b>Dr.Pavithra M .B</b><br>Professor & HOD,<br>Dept. of Community Medicine,<br>M.V.J Medical College and Research hospital                                                                                                                                                                                                     |
| 10:15-10:45am  | Journal Club – How to critically appraise literature                | <b>Dr.Umesh Ramadurg</b><br>Secretary, IAPSM-Karnataka State Chapter,<br>Professor, Dept. of Community Medicine,<br>S. Nijalingappa Medical College                                                                                                                                                                            |
| 10:45-11:00 am | <b>Tea Break</b>                                                    |                                                                                                                                                                                                                                                                                                                                |
| 11am-12:00 pm  | Effective PPT Preparation and Delivery Techniques                   | <b>Dr. Suwarna Madhukumar</b><br>Vice-principal & Professor,<br>Dept. of Community Medicine,<br>M.V.J Medical College and Research hospital                                                                                                                                                                                    |
| 12-1:00 pm     | Academic Presentations (Oral/poster, visual abstracts)              | <b>Dr. Sunil Kumar D R</b><br>Professor and HOD,<br>Dept. of Community Medicine,<br>Akash Institute of Medical Sciences                                                                                                                                                                                                        |
| 1:00-2:00 pm   | <b>Lunch Break</b>                                                  |                                                                                                                                                                                                                                                                                                                                |
| 2:00-3:00 pm   | Study Tools (Questionnaire design & validation)                     | <b>Dr. Santosh Achappa</b><br>Professor,<br>Dept. of Community Medicine,<br>CDSIMER                                                                                                                                                                                                                                            |
| 3:00-3:15 pm   | <b>Tea Break</b>                                                    |                                                                                                                                                                                                                                                                                                                                |
| 3:15-4:00 pm   | Epidemiological, statistical exercises and sample size calculation  | <b>Mrs. Lavanya R</b><br>Statistician, Assistant Professor,<br>Dept. of Community Medicine,<br>Kempegowda Institute of Medical Sciences                                                                                                                                                                                        |
| 4:00-5:00pm    | Hands-on session with software - Jamovi                             |                                                                                                                                                                                                                                                                                                                                |

**DAY 2 – 26.03.26**

| TIME           | TOPIC                                                                                         | RESOURCE PERSON                                                                                                                                |
|----------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-10:00 am  | Framing Title, Aim and Objectives, Literature Search                                          | <b>Dr. Poonam R Naik</b><br>Professor,<br>Dept. of Community Medicine,<br>Yenepoya Medical College                                             |
| 10:00-10:30am  | Study designs                                                                                 | <b>Dr. Usha Rani S P</b><br>Associate Professor,<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre |
| 10:30-10:45 am | <b>Tea Break</b>                                                                              |                                                                                                                                                |
| 10.45-11:45 am | Sampling methods                                                                              | <b>Dr. Usha Rani S P</b><br>Associate Professor,<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre |
| 11:45-12:30 pm | Data entry and reference management<br>(Zotero/Mendeley/EndNote)                              | <b>Dr. Amrita</b><br>Professor & HOD,<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre            |
| 12:30-1:00 pm  | Cont. Hands on session                                                                        | <b>Dr. Nithya M C</b><br>Assistant Professor,<br>Dept. of Community Medicine,<br>Akash Institute of Medical Sciences                           |
| 1:00-2:00 pm   | <b>Lunch Break</b>                                                                            |                                                                                                                                                |
| 2:00-3:00pm    | Research protocol writing and submitting to the institutional scientific and Ethics Committee | <b>Dr. Poonam R Naik</b><br>Professor,<br>Dept. of Community Medicine,<br>Yenepoya Medical College                                             |
| 3:00-3:45 pm   | AI tools & Judicial and ethical use of it in research                                         | <b>Dr. Sharath B N</b><br>Professor,<br>Dept. of Community Medicine,<br>ESIC                                                                   |
| 3:45-4:00 pm   | <b>Tea Break</b>                                                                              |                                                                                                                                                |
| 4:00-4:45pm    | Cont. Hands-on session                                                                        | <b>Dr. Sharath B N</b><br>Professor,<br>Dept. of Community Medicine,<br>ESIC                                                                   |
| 4:45-5:00 pm   | <b>Post Test &amp; Feedback</b>                                                               |                                                                                                                                                |

**DAY 3 – 27.03.26**

| TIME           | TOPIC                                                                                                 | RESOURCE PERSON                                                                                                                                |
|----------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-9:30 am   | <b>Pre-test</b>                                                                                       |                                                                                                                                                |
| 9:30-10:30 am  | Theory & viva voce preparation strategies (Do's and Don'ts )                                          | <b>Dr. Babitha Rajan</b><br>Associate Professor,<br>Dept. of Community Medicine,<br>M S Ramaiah Medical College                                |
| 10:30-10:45 am | <b>Tea Break</b>                                                                                      |                                                                                                                                                |
| 10:45-11:45 am | Scientific paper writing (IMRaD format, emphasis on drafting discussion section reporting guidelines) | <b>Dr. Lata R Kollur</b><br>Professor and HOD,<br>Dept. of Community Medicine,<br>Siddaganga Medical College & Research Institute              |
| 11:45-12:45    | Publication Ethics                                                                                    | <b>Dr. Shruthi Shetty</b><br>Associate Professor<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre |
| 12:45-1:45 pm  | <b>Lunch Break</b>                                                                                    |                                                                                                                                                |
| 1:45-2:45 pm   | Clinico-social case studies and communication, leadership skills                                      | <b>Dr. Hamsa L</b><br>Assistant Professor,<br>Dept. of Community Medicine,<br>BMC & RI                                                         |
| 2:45-3:00      | <b>Tea Break</b>                                                                                      |                                                                                                                                                |
| 3:00-3:45 pm   | Introduction to data management (cleaning, validation, analysis)                                      | <b>Ms. Sahana K S</b><br>Statistician,<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre           |
| 3:45-4:15 pm   | Data analysis software SPSS/ R                                                                        |                                                                                                                                                |
| 4:15-5:00 pm   | Hands-on session                                                                                      |                                                                                                                                                |

**DAY 4 – 28.03.26**

| TIME           | TOPIC                                                                                | RESOURCE PERSON                                                                                                                    |
|----------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-9:30 am   | <b>Pre-test</b>                                                                      |                                                                                                                                    |
| 9:30-10:30 am  | Grant Writing                                                                        | <b>Dr. Gautham M</b><br>Professor,<br>Department of Epidemiology,<br>NIMHANS                                                       |
| 10:30-11:30 am | Systematic Review,<br>Meta-analysis: Introduction to<br>(Rayyan, RevMan)             | <b>Ms. Anjana S N</b><br>Statistician & Assistant Professor,<br>Dept. of Community Medicine,<br>M S Ramaiah Medical College        |
| 11:30-11:45 am | <b>Tea Break</b>                                                                     |                                                                                                                                    |
| 11:45-12:45 pm | Cont. Hands-on session                                                               | <b>Ms. Anjana N</b><br>Statistician & Assistant Professor,<br>Dept. of Community Medicine,<br>M S Ramaiah Medical College          |
| 12:45-1:45 pm  | <b>Lunch Break</b>                                                                   |                                                                                                                                    |
| 1:45-2:45 pm   | Article submission to a journal<br>for publication and choosing<br>the right journal | <b>Dr. Latha K</b><br>Associate Professor<br>Department of Mental Health Education<br>NIMHANS                                      |
| 2:45-3:00      | <b>Tea break</b>                                                                     |                                                                                                                                    |
| 3:00-3:45 pm   | Qualitative data analysis –<br>Introduction<br>(MAX QDA, Atlas Ti)                   | <b>Dr. Pracheth</b><br>Associate Professor<br>Department of Epidemiology<br>NIMHANS                                                |
| 3:45-4:15 pm   | Cont. Hands-on session                                                               |                                                                                                                                    |
| 4:15-5:00 pm   | Research proposal to thesis<br>journey                                               | <b>Dr. Amrita</b><br>Professor & HOD<br>Dept. of Community Medicine,<br>Sapthagiri Institute of Medical Sciences & Research Centre |



**SAPTHAGIRI NPS**  
**UNIVERSITY**



UNMATCHED EXCELLENCE, UNLIMITED POTENTIAL



**IN ASSOCIATION WITH IAPSM - NATIONAL & IAPSM-KARNATAKA STATE CHAPTER**

PRESENTS

# **PG REFRESHER COURSE**

**Under IAPSM President's Action Plan 2025-26**

## ***Towards-Competence, Confidence & Impact***

**Date: 25th - 28th March 2026**

**Venue: Sapthagiri Institute of Medical Sciences & Research Center, Bangalore**



### *CHIEF PATRONS*

**Sri G Dayananda**  
**Honorable Chancellor**  
**Sapthagiri NPS University**

**Sri G D Manoj**  
**Honorable Pro- Chancellor**  
**Sapthagiri NPS University**

### *PATRONS*

**Dr Jayanthi V**  
**Honorable Vice Chancellor**  
**Sapthagiri NPS University**  
**Dr H Rama Krishna**  
**Registrar**  
**Sapthagiri NPS University**

### *CO-PATRONS*

|                                  |                                  |
|----------------------------------|----------------------------------|
| <b>Dr Vijaya C</b>               | <b>Dr Sujata P L</b>             |
| <b>Deputy Registrar (Aca)</b>    | <b>Deputy Registrar (Eva)</b>    |
| <b>Sapthagiri NPS University</b> | <b>Sapthagiri NPS University</b> |
| <b>Dr Renuka V</b>               |                                  |
| <b>Principal &amp; Dean</b>      |                                  |
| <b>SIMS &amp; RC</b>             |                                  |

### *ACADEMIC REGISTRAR (POSTGRADUATE)*

**Dr Sreedhar H**  
**Professor, Dept of Pathology**  
**Academic Registrar(PG)**  
**SIMS & RC**

### *IAPSM NATIONAL OFFICE BEARERS*

|                           |                              |
|---------------------------|------------------------------|
| <b>Dr Ashok Bharadwaj</b> | <b>Dr Manish Kumar Singh</b> |
| <b>President</b>          | <b>Secretary General</b>     |
| <b>IAPSM-National</b>     | <b>IAPSM-National</b>        |

### *IAPSM KARNATAKA STATE CHAPTER OFFICE BEARERS*

|                                      |                                      |
|--------------------------------------|--------------------------------------|
| <b>Dr Sunil Kumar D R</b>            | <b>Dr Umesh Ramadurg</b>             |
| <b>President</b>                     | <b>Secretary</b>                     |
| <b>IAPSM-Karnataka State chapter</b> | <b>IAPSM-Karnataka State chapter</b> |

## *ORGANIZING COMMITTEE*

### *ORGANIZING CHAIRPERSON*

**Dr Amrita N Shamanewadi**  
Prof & Head  
Department of Community Medicine  
SIMSRC, BENGALURU

### *ORGANIZING SECRETARY*

**Dr Usha Rani S P**  
Assoc. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *JOINT-ORGANIZING SECRETARY*

**Dr Shruthi Shetty**  
Assoc. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

**Dr Priyanka D S**  
Assoc. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *IT*

**Dr Anusha Soppimath**  
Senior Resident  
Department of Community Medicine  
SIMSRC, BENGALURU

**Ms Sahana K S**  
Senior Resident  
Department of Community Medicine  
SIMSRC, BENGALURU

### *TREASURER*

**Dr Soubhagya K**  
Asst. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *REGISTRATION*

**Dr Neha Dsouza**  
Asst. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *CATERING*

**Dr Jyothi M Patil**  
Asst. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *ACCOMMODATION*

**Dr Suhasini K A**  
Asst. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

### *TRANSPORT*

**Dr Kusuma M**  
Asst. Prof  
Department of Community Medicine  
SIMSRC, BENGALURU

*Acknowledgements: IAPSM PG REFRESHER COURSE TEAM*



## *ABOUT THE PROGRAMME*

The PG Refresher Course under the IAPSM President's Action Plan is a national academic initiative aimed at strengthening postgraduate training in Community Medicine. The program focuses on research methodology, epidemiology, biostatistics, data analysis, scientific writing, thesis and publication skills through expert-led lectures and hands-on workshops.

### *WHO SHOULD ATTEND*

MD Community Medicine PGs  
DNB / Diploma students  
Junior faculty

### *WHY ATTEND*

Research skill  
Thesis support  
Data analysis  
Publications  
Exam Readiness

### *KEY LEARNING OUTCOMES*

High-quality research  
Data management & analysis  
Scientific writing  
Ethical use of tools  
Systematic reviews & journals  
Theory, viva & communication

## ATTENDANCE DAY 1 & 2

MODULE A : FOUNDATIONAL TRAINING (DAYS 1 & 2- FOR 1ST YEAR PGS) R

| Sl. No | Name                  | Email address                 | Mobile number | College Name                                                 | KMC Register number |
|--------|-----------------------|-------------------------------|---------------|--------------------------------------------------------------|---------------------|
| 1)     | Dr. Vishnu Aravind    | vishnuaravinddrive1@gmail.com | 8754400743    | Sri Ramachandra Institute Of Higher Education And Research   | TNMC 177131         |
| 2)     | Dr. Jyotsna U Kamath  | mejyotsnaukamath@gmail.com    | 7306160495    | Mysore Medical College And Research Institute, Mysore        | 195438              |
| 3)     | Dr Ananya P           | ananyaparam07@gmail.com       | 8867680175    | Sapthagiri Institute Of Medical Sciences And Research Center | 153954              |
| 4)     | Dr. Chinmayi B S      | chinz2311999@gmail.com        | 9113845892    | Sapthagiri Institute Of Medical Sciences And Research Center | 160845              |
| 5)     | Dr. Bhavana Gangadara | drbhavanag24@gmail.com        | 7338153156    | Sapthagiri Nps University                                    |                     |

| Sl. No | Name               | Email address            | Mobile number | College Name                                                 | KMC Register number |
|--------|--------------------|--------------------------|---------------|--------------------------------------------------------------|---------------------|
| 6)     | Dr Bency Naomi E B | naomibency@gmail.com     | 9448782888    | Sapthagiri Institute Of Medical Sciences And Research Centre | 145023              |
| 7)     | Dr. Priya A        | apriya.raju@gmail.com    | 9742655081    | Esi Medical College And Pgimsr                               | 175828              |
| 8)     | Dr Anju A          | anjunair364@gmail.com    | 8921546109    | Mysore Medical College And Research Institute                | 149432              |
| 9)     | Dr Srilakshmi Kb   | srilakshmikb28@gmail.com | 7025242547    | Mysore Medical College And Research Institute                | 195065              |
| 10)    | Sumanth R          | sumangowda3678@gmail.com | 7022410040    | East Point College Of Medical Sciences                       | 149877              |
| 11)    | Dr Divya Shetty    | divyasadanand6@gmail.com | 7019799956    | East Point Medical College                                   | 156677              |

| Sl. No | Name             | Email address             | Mobile number | College Name                                                | KMC Register number |
|--------|------------------|---------------------------|---------------|-------------------------------------------------------------|---------------------|
| 12)    | Dr Ratnaveer     | dratnaveer@gmail.com      | 9611170105    | K H Patil Institute Of Medicine Sciences Gadag              | 100913              |
| 13)    | Dr.Ranjitha A    | ranjithakushi45@gmail.com | 9008998299    | Sapthagiri Institute Of Medical Science And Research Centre | 126489              |
| 14)    | Dr. Porselvam. S | porselvam.dr@gmail.com    | 8762747726    | SRI SIDDHARTHA MEDICAL COLLEGE                              | 158345              |
| 15)    | Rohan Jojy       | rohanjj51@gmail.com       | 9483532336    | Sri Siddhartha Medical college Tumkur                       | 140557              |
| 16)    | Dr. Akshatha S M | akshatha.sm49@gmail.com   | 9742274417    | MS Ramaiah Medical College                                  | 153336              |

| MODULE A : FOUNDATIONAL TRAINING (DAYS 1 & 2- FOR 1ST YEAR PGS) RE                                                                                   |                     |                              |               |                                                                 |                     |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|------------------------------|---------------|-----------------------------------------------------------------|---------------------|--|
| Sl. No                                                                                                                                               | Name                | Email address                | Mobile number | College Name                                                    | KMC Register number |  |
| 17)                                                                                                                                                  | Dr Sagar Venkatesha | dr.sagarvenkatesha@gmail.com | 8073069869    | AIMS&RC                                                         | 139894              |  |
| 18)                                                                                                                                                  | Dr Kruthi Rm        | kruthirm1999@gmail.com       | 7899292140    | Akash Institute of medical sciences                             | 186129              |  |
| 19)                                                                                                                                                  | Akshaya Mh          | akshayamh@gmail.com          | 9535096923    | Kempegowda Institute of Medical sciences and research Bangalore | 194039              |  |
| 20)                                                                                                                                                  | Aiswarya Nair       | nairaiswarya1206@gmail.com   | 8289899901    | Kempagowda Institute of Medical Sciences Bangalore              | 154279              |  |
| <p>CS<br/>D 1<br/>D 2<br/>E 2</p> <p>Dr. Umesh Ramadurg<br/>Dr Santosh Achappa</p> <p>umeshramadurg79@gmail.com 9916186201 SNMC Kargalkote 67253</p> |                     |                              |               |                                                                 |                     |  |

| MODULE A : FOUNDATIONAL TRAINING (DAYS 1 & 2- FOR 1ST YEAR PGS) RE |                            |                            |               |                                                                   |                     |  |
|--------------------------------------------------------------------|----------------------------|----------------------------|---------------|-------------------------------------------------------------------|---------------------|--|
| Sl. No                                                             | Name                       | Email address              | Mobile number | College Name                                                      | KMC Register number |  |
| 21)                                                                | Dr Parashuram V Devanagavi | praveenvd2020@gmail.com    | 9845689618    | Adichunchanagiri Institute of Medical sciences, BG Nagara, Mandya | 132999              |  |
| 22)                                                                | Dr Adhira Sudarsan         | dradhirasudarsan@gmail.com | 9945173863    | M S Ramaiah medical college                                       | 146853              |  |
| 23)                                                                | Nitish Raghavan Nambiar    | nitishnambiar@gmail.com    | 7994316205    | S. Nijalingappa Medical College                                   | 183512              |  |
| 24)                                                                | Dr Amogh M Hooli           | paya19amogh@gmail.com      | 8762559497    | SMSIMSR Muddenahalli Chikkaballapura                              | 138782              |  |

### ATTENDANCE DAY 3 & 4

| Sl. No | Name                 | Email address                 | Mobile number | College Name                                               | KMC Register number         |
|--------|----------------------|-------------------------------|---------------|------------------------------------------------------------|-----------------------------|
| 1)     | Dr Teerthana B Naidu | tinanaidu13@gmail.com         | 7892028831    | Vydehi Institute of Medical Sciences and Research Centre   | 161836                      |
| 2)     | Dr Smitha            | smitha.3896@gmail.com         | 9980815225    | Vydehi institute of medical college                        | 147281                      |
| 3)     | Dr Bhuvana S         | bhuvanas928@gmail.com         | 9353753938    | Vydehi institute of medical science and Research           | 157331<br><del>152771</del> |
| 4)     | Dr Vishnu Aravind    | vishnuaravinddrive1@gmail.com | 8754400743    | Sri Ramachandra Institute of Higher Education and Research | TNMC No. 177131             |
| 5)     | Dr Jyotsna U Kamath  | mejyotsnaukamath@gmail.com    | 7306160495    | Mysore Medical College and Research Institute, Mysore      | 195438                      |

| Sl. No | Name                 | Email address             | Mobile number | College Name                                                 | KMC Register number |
|--------|----------------------|---------------------------|---------------|--------------------------------------------------------------|---------------------|
| 6)     | Dr Ananya P          | ananyaparam07@gmail.com   | 8867680175    | Sapthagiri Institute Of Medical Sciences And Research Center | 153954              |
| 7)     | Dr CHINMAYI B S      | chinz2311999@gmail.com    | 9113845892    | Sapthagiri Institute Of Medical Sciences And Research Center | 160845              |
| 8)     | DrBhavana.G angadara | drbhavanag24@gmail.com    | 7338153156    | Sapthagiri Institute Of Medical Sciences And Research Centre | 155919              |
| 9)     | Dr Bency Naomi E B   | naomibency@gmail.com      | 9448782888    | Sapthagiri Institute Of Medical Sciences And Research Centre | 145023              |
| 10)    | Dr Mohammed Wassim   | fmohammedwassim@gmail.com | 8943244867    | Yenepoya Medical College                                     | 139939              |

| Sl. No | Name                   | Email address             | Mobile number | College Name                                                | KMC Register number |
|--------|------------------------|---------------------------|---------------|-------------------------------------------------------------|---------------------|
| 11)    | Dr Ashwathan P         | ashwathans@gmail.com      | 8903433166    | JSS Medical College, Mysuru                                 | 182512              |
| 12)    | Dr. AkruTi Dash        | akrutidash4@gmail.com     | 8280711806    | JSS Medical College, Mysore                                 | 182516              |
| 13)    | Dr. Vivek Padmanabhan  | 2009vivekp@gmail.com      | 8861317196    | East Point College of Medical Sciences and Research Centre  | 139211              |
| 14)    | Dr. Paranthaman C      | paranthaman6353@gmail.com | 9585636353    | JSS Medical College, Mysore                                 | 182515              |
| 15)    | Dr Pradeep H V         | pradeephv99@gmail.com     | 9845296769    | Vydehi institute of medical sciences and research institute |                     |
| 16)    | Dr Tadi Sai Santoshini | saisanthu26@gmail.com     | 7972462351    | JSS Medical College, Mysore                                 | 157400              |

| Sl. No | Name                | Email address                | Mobile number | College Name                                                | KMC Register number |
|--------|---------------------|------------------------------|---------------|-------------------------------------------------------------|---------------------|
| 17)    | Dr Anju A           | anjunair364@gmail.com        | 8921546109    | Mysore medical college and research institute               | 149432              |
| 18)    | Dr Srilakshmi KB    | srilakshmikb28@gmail.com     | 7025242547    | Mysore medical college and research institute               | 195065              |
| 19)    | Dr Vaishnavi Kaza   | vaishnavikaza1999@gmail.com  | 9611776338    | Dr BR Ambedkar Medical College, bengaluru                   | 161151              |
| 20)    | Dr.Ranjitha A       | ranjithakushi45@gmail.com    | 9008998299    | Sapthagiri institute of medical science and research centre | 1264890             |
| 21)    | Dr Sagar Venkatesha | dr.sagarvenkatesha@gmail.com | 8073069869    | AIMS&RC                                                     | 179894              |

| Sl. No | Name                       | Email address            | Mobile number | College Name                                   | KMC Register number |
|--------|----------------------------|--------------------------|---------------|------------------------------------------------|---------------------|
| 22)    | Dr Kruthi Rm               | kruthirm1999@gmail.com   | 7899292140    | Akash Institute of Medical Sciences            | 186129              |
| 23)    | Dr Sujean J N              | drsujean1996@gmail.com   | 7483762090    | Adichunchanagiri Institute Of Medical Sciences | 158540              |
| 24)    | Dr Nitish Raghavan Nambiar | nitishrnambiar@gmail.com | 7994316205    | S. Nijalingappa Medical College                | 183512              |
| 25)    |                            |                          |               |                                                |                     |
| 26)    |                            |                          |               |                                                |                     |
| 27)    |                            |                          |               |                                                |                     |

## SAMPLE CERTIFICATES

|                                                                                                                                                                                                                           |                                                                                                                                                                                                                           |                                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                          | <p>SAPTHAGIRI NPS UNIVERSITY<br/>SAPTHAGIRI INSTITUTE OF MEDICAL SCIENCES &amp; RESEARCH<br/>CENTRE</p>                                                                                                                   |                                                                                |
|                                                                                                                                          | <p><b>PG REFRESHER COURSE</b><br/>Certificate of Participation<br/>is proudly presented to</p>                                                                                                                            |                                                                                |
| <p>For successfully completing the <b>PG Refresher Course</b> Part 1/Part 2/Both, Organised by -----<br/>-----, ----- from ----- to -----, 2026<br/>under the <b>IAPSM Presidents' Action Plan Initiative 2025-26</b></p> |                                                                                                                                                                                                                           |                                                                                                                                                                   |
| <br><b>Dr. Ashok Bharadwaj</b><br>President<br>National IAPSM                                                                            | <br><b>Dr. Manish Kumar Singh</b><br>Secretary General<br>National IAPSM                                                                 | <br><b>Dr. Jarina Begum</b><br>PG Refresher Course<br>Convenor, National IAPSM   |
|                                                                                                                                                                                                                           | <br><b>Dr. Sunil Kumar D R</b><br>President<br>IAPSM-Karnataka State<br>Chapter                                                         | <br><b>Dr. Umesh Ramadurg</b><br>Secretary<br>IAPSM-Karnataka State<br>Chapter |
| <br><b>Dr. Usha Rani S P</b><br>Organizing Secretary,<br>Assoc. Prof,<br>Department of Community Medicine<br>SIMSRC, BENGALURU          | <br><b>Dr. Amrita N Shamanewadi</b><br>Organizing Chairperson,<br>Prof & Head,<br>Department of Community Medicine<br>SIMSRC, BENGALURU | <br><b>Dr. Renuka V</b><br>Principal & Dean<br>SIMSRC, BENGALURU                |
|                                                                                                                                                                                                                           | <br><b>Dr. Jayanthi V</b><br>Hon. Vice Chancellor<br>Sapthagiri NPS University, BENGALURU                                              |                                                                                                                                                                   |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                     |                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p>SAPTHAGIRI NPS UNIVERSITY<br/>SAPTHAGIRI INSTITUTE OF MEDICAL SCIENCES &amp; RESEARCH CENTRE</p>                                                                                                                 |                                                                                |
|                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p><b>PG REFRESHER COURSE</b><br/>Certificate of Appreciation<br/>is proudly presented to</p>                                                                                                                       |                                                                                |
| <p>For successfully contributing as a <b>Resource Person</b> in the <b>PG Refresher Course</b>, Organised by <b>Dept. of Community Medicine, SIMS &amp; RC, Bengaluru</b> in association with <b>IAPSM - National &amp; IAPSM - Karnataka State Chapter</b> from <b>25<sup>th</sup> March to 28<sup>th</sup> March 2026</b> under the <b>IAPSM Presidents' Action Plan Initiative 2025-26</b>.</p> <p>Karnataka Medical Council has granted '3 credit hours' vide letter no. K.M.C/C.M.E./ /2026 dated 24.03.2026</p> |                                                                                                                                                                                                                     |                                                                                                                                                                     |
| <br><b>Dr. Ashok Bharadwaj</b><br>President<br>National IAPSM                                                                                                                                                                                                                                                                                                                                                                      | <br><b>Dr. Manish Kumar Singh</b><br>Secretary General<br>National IAPSM                                                         | <br><b>Dr. Jarina Begum</b><br>PG Refresher Course<br>Convenor, National IAPSM   |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <br><b>Dr. Sunil Kumar D R</b><br>President<br>IAPSM-Karnataka State<br>Chapter                                                 | <br><b>Dr. Umesh Ramadurg</b><br>Secretary<br>IAPSM-Karnataka State<br>Chapter |
| <br><b>Dr. Usha Rani S P</b><br>Organizing Secretary<br>Associate Prof<br>Dept. of Community Medicine<br>SIMSRC, Bengaluru                                                                                                                                                                                                                                                                                                         | <br><b>Dr. Amrita N Shamanewadi</b><br>Organizing Chairperson<br>Prof & Head<br>Dept. of Community Medicine<br>SIMSRC, Bengaluru | <br><b>Dr. Renuka V</b><br>Principal & Dean<br>SIMSRC, Bengaluru                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <br><b>Dr. Jayanthi V</b><br>Hon. Vice Chancellor<br>Sapthagiri NPS University, Bengaluru                                       |                                                                                                                                                                     |

## PHOTOGRAPHS









GPS Map Camera



**Bengaluru, Karnataka, India**   
4a, Navy Layout, Ragavendra Badavane Area,  
Bengaluru, Karnataka 560090, India  
Lat 13.070004° Long 77.502006°  
26/03/26 10:17 AM GMT +05:30  
Person Name : Manu K J



