

BVV Sangha's
S. Nijalingappa Medical College and HSK Hospital & Research Centre, Bagalkote
Department of Community Medicine

Post Graduate Refresher Course – 2025
Refocus, Recharge, Refresh (RRR-2.0)
Report

A delightful, refreshing post graduate refresher course was conducted by the Department of Community Medicine, BVV Sangha's S. Nijalingappa Medical College and HSK Hospital & Research Centre, Bagalkote in association with IAPSM Karnataka State Chapter on 18th and 19th of December, 2025.

17 highly experienced faculties from 11 medical institutions actively engaged the session for 74 registered post graduate delegates from all over Karnataka along with few from other states of Maharashtra, Telangana and Andhra Pradesh.

Day 01:

Dr. Umesh R, Secretary IAPSM Karnataka State Chapter, Professor, Department of Community Medicine, SNMC, Bagalkote, initiated the curious course inclining the PGs towards it by ice breaking session. Dr. Ashok S. Dorle, Professor and Head, Department of Community Medicine, SNMC, Bagalkote, headed the course by introducing PGs with their curriculum. One of the essential skills in Community Medicine PGs is to craft dissertation of high impact. This was taken up by Dr. Jayaraj R. Mhetri, Associate Professor Department of Community Medicine, SNMC, Bagalkote, which was interestingly observed and listened by all the delegates.

The session was followed with inauguration of the course in the presence of Chief Guest, Dr. Sunil Kumar D. R, President, IAPSM Karnataka State Chapter, Professor and Head, Department of Community Medicine, AIMSRC, Bengaluru and presided by Dr. Bhuvaneshwari C. Yelamali, Dean/Principal of the esteemed institute SNMC Bagalkote with Dr. Shreeram A. Kora, Medical Superintendent, SNMC and HSK Hospital & Research Centre, Bagalkote with the presence of Organizing Chairman, Dr. Ashok S. Dorle and Organizing Secretary, Dr. Umesh R, Secretary, IAPSM Karnataka State Chapter.

The session continued with another young talented Associate Professor, Department of Community Medicine, Dr. Tanuja Pattankar, from BLDEAs Shri. BM Patil Medical College Hospital & RC, Vijayapura. Madam spoke on the public health laboratories and their significance in Community Medicine. Another much-awaited session on how postgraduates can excel better in their theory exams by hands-on was taken up by Dr. Shubha D. B, Professor, Department of Community Medicine from JJMMC, Davanagere. This was followed by lunch. Another interesting session on how effectively a postgraduate have to communicate their research work to the community and add up to the level of researcher. This was taken up by Dr.

Aravind Karinagannanavar, Associate Professor, Department of Community Medicine, KH Patil Institute of Medical Sciences, Gadag. Dr. Manjula R, Professor, Department of Community Medicine, SNMC, Bagalkote, shed light on OSCE/OSPE. Madam focused on the strategies that postgraduates can upskill and score better in the practical examination. Following a short tea break, Dr. Mohammed Shoyaib Khazi, a very young and dynamic Assistant Professor from NMCHRC, Raichur, gave insights on the career the postgraduates can have in their future endeavors.

The sessions ended for the Day 01 and it was followed up with a networking gala dinner where, faculties and post graduates actively participated in the cultural events followed with dinner.

Day 02:

The course continued with an interesting session on solving the epidemiological problems in view of practical exams. It was taken up by Dr. Shrinivas K. Patil, Professor, Department of Community Medicine, SNMC, Bagalkote, where due care was taken to make understand PGs with solving the problems easily. An eminent speaker Dr. Umesh R, Professor, Department of Community Medicine, SNMC, Bagalkote developed curiosity in postgraduates to look into the art and science of clinic-social and family case taking.

Dr. Gowri Shankar, Professor, Department of Community Medicine, SNMC, Bagalkote, Dr. Padmaja R. Walvekar, Professor, Department of Community Medicine, JNMC, Belagavi and Dr. Umesh R. Dixit, Professor and Head, Department of Community Medicine from SDMMCH, Dharward. This session concluded on how to take the clinico-social case effectively and present in a manner to come to an accurate diagnosis and manage the case. Similar another session on family case taking and presentation by postgraduate was taken up by experts Dr. Basavaraj S. Mannapur, Professor, Department of Community Medicine, SNMC, Bagalkote, Dr. Lalitha D. Hiremath, Professor and Head, Department of Community Medicine, Oxford Medical College, Bengaluru and Dr. Chandra S. Metgud, Professor, Department of Community Medicine, JNMC, Belagavi. Another important session on teaching the students effectively by Dr. Padmaja R. Walvekar, Professor, Department of Community Medicine, JNMC, Belagavi.

A working lunch was followed with another awaited session on acing the viva voce and skills in answering the questions of the examiners was calmly inculcated in the minds of PGs by Dr. Chandra S. Metgud, Professor, Department of Community Medicine, JNMC, Belagavi. Lastly, Dr. Girish N. Rao, Professor of Epidemiology from NIMHANS, Bengaluru gave an insightful lecture on impactful journey on how Community Medicine physicians resolve issues in the community. He also showed the development of National Mental Health Survey one and two. This concluded with how Postgraduates can develop into a change makers of the community.

All the sessions were fruitful and followed by mandatory group photo. The course concluded by giving certificates to all the faculties, resource persons and delegates. It was an enlightened course for PGs of Community Medicine.

The course work up was done meticulously and flawlessly by

- Organizing Chairman – Dr. Ashok S. Dorle,
- Organizing Secretary – Dr. Umesh R,
- Treasurer – Dr. Basavaraj S. Mannapur,
- Registration and Travel Committee – Dr. Shrinivas K. Patil, Dr. Ajay S and Dr. Chethan GV,
- Catering Committee – Dr. Jayaraj R. Mhetri, Dr. Muragesh M and Dr. Nitish N
- Scientific Committee – Dr. Gowri Shankar, Dr. Santhoshkumar R. Naik and Dr. Pooja K,
- Reception Committee – Dr. Manjula R, Dr. Sachin Desai, Dr. Vijayalakshmi B H, Dr. Amruta D and Dr. Priyanka

All these staffs, PG of Community Medicine, SNMC, Bagalkote, along with student volunteers worked a lot and made it a grand success.

THANK YOU

Sessions taken by faculties

Day 01



Dr. Umesh R initiating the session



PGs getting introduced in the session



Dr. A S. Dorle talking on PG curriculum



Dr. Jayaraj R. M talking on crafting eff. thesis



Dr. Amruta AD invoke song in inauguration



Inauguration anchoring by Niranjan Kori



President IAPSM-KSC lighting the lamp



Dignitaries in the inauguration of workshop



Felicitation of Dr. Sunil Kumar D. R



Felicitation of Dr. Umesh R



Chief Guest talk on the workshop



Dean addressing the workshop gathering



Dr. Tanuja in Public health lab session



Dr. Shubha D B in tips on theory exams



PGs presenting the structure of an answer



PGs presenting the structure of an answer



Dr. Aravind K in effective presentation



Dr. Manjula R in OSCE/OSPE session



Dr. Md S. Khazi engaging PGs in career paths



Dr. Md S. Khazi in career pathways session

Day 02



Dr. Shrinivas K. P in solving exercises session



Dr. Umesh R in case taking session



PG presenting clinico-social case



Dr. Umesh D and Dr. Gowri Shankar in clinico-social case session



Dr. Padmaja RW in CSC case discussion



PG presenting the family case



Dr. Lalitha DH in family case discussion



Dr. BS Mannapur and Dr. Chandra M in family case discussion



Dr. Padmaja RW in pedagogy session



Dr. Chandra M in viva-voce session



Dr. Girish NR in surveillance to strategy session



Dr. Girish NR engaging PGs in the session



Group photo